



Ronece Dobrowolski
Consulting



Free Career Planning Starter Kit

Ronece Dobrowolski Consulting

Free Career Planning Starter Kit

Smart People Get Stuck Too!

If you've picked up this kit, something has shifted. Maybe you're exhausted by the silence after sending out application after application. Maybe you're successful on paper but quietly wondering if this is really it. Maybe you know you're ready for more, you just can't see the path forward yet.

That feeling? It's not a sign that something is wrong with you. It's a sign that you're ready for something different.

This kit is designed to help you stop spinning and start moving, with clarity, strategy, and a plan that actually fits who you are.

Ask yourself...

- » *When did I last feel genuinely excited about my work?*
- » *Am I stuck because I don't know what I want, or because I don't know how to get there?*
- » *What would I do differently if I actually believed things could change?*

Notes

YOUR CAREER DEVELOPMENT CHECKLIST

This isn't just a list. It's a mirror. As you go through each item, notice which ones make you uncomfortable, those are usually the ones that matter most. Tick what you've done. Circle what you've been avoiding.

Self-Awareness & Foundation

- ☐ I have a clear understanding of my core values and what I need from work
- ☐ I've examined the beliefs and stories I carry about my own potential
- ☐ I feel confident articulating what makes me different from others in my field
- ☐ I know what energises me at work, and what quietly drains me

Goals & Direction

- ☐ I have a clear picture of where I want to be in the next 12–24 months
- ☐ My career goals are written down and feel genuinely exciting, not just 'safe'
- ☐ I have a structured plan that breaks my goals into real, manageable steps
- ☐ I've explored industries and roles beyond the obvious ones

Tools & Presence

- ☐ My resume reflects my real value, not just a list of job duties
- ☐ My LinkedIn profile would make a recruiter stop scrolling
- ☐ I have a compelling cover letter I could adapt quickly
- ☐ My online presence says what I want it to say about me

Strategy & Market Knowledge

- ☐ I understand how the hidden job market works, and I'm actively using it
- ☐ I know the trends shaping my industry over the next 3 to 5 years
- ☐ I have a clear strategy, not just a list of jobs to apply for
- ☐ I'm tracking my applications and following up strategically

Relationships & Network

- ☐ I have relationships with people who can open doors, not just contacts
- ☐ I know how to ask for introductions without feeling awkward
- ☐ I have references ready who will champion me, not just confirm my title
- ☐ I'm showing up consistently in spaces where the right people can find me

Mindset & Readiness

- ☐ I walk into interviews feeling prepared, not just hopeful
- ☐ I can talk about my experience with confidence and without underselling
- ☐ I've addressed the gaps or career transitions that I worry about explaining
- ☐ I genuinely believe my next move is possible, and close

Ask yourself...

- » *How many boxes did you leave blank?*
- » *Which category felt the hardest to read?*
- » *What's the one thing, if you fixed it, that would change everything?*

Notes

UNDERSTANDING WHERE YOU ARE RIGHT NOW

Before you can move forward, you need to be honest about where you actually are. Not where you think you should be. Not where you were five years ago. Right now.

Most people skip this step. They jump straight to updating their resume or firing off applications, and then wonder why nothing changes. The truth is, the strategy that gets you unstuck has to be built on a real picture of your starting point.

Your Strengths, The Ones You're Probably Undervaluing

Think about the last time someone thanked you for something at work. What was it? The things that feel effortless to you are often invisible to you precisely because they come so naturally. That's usually where your greatest value is hiding.

Ask yourself...

- » *What do colleagues come to me for, even informally?*
- » *What would my team notice most if I disappeared for a month?*
- » *What have I done in my career that I'm genuinely proud of, that I rarely talk about?*

Notes

Your Values, The Non-Negotiables

A role that doesn't align with your values will drain you regardless of the salary or the title. Knowing your non-negotiables before you start your search means you stop applying for the wrong things and start pursuing the right ones.

Ask yourself...

- » *When have I felt most aligned with my work, what was present in that environment?*
- » *What have I consistently compromised on, and what has it cost me?*
- » *What would I refuse to compromise on in my next role, no matter what?*

Notes

Your Environment, Where You Actually Thrive

There is no universally 'best' workplace. There's only the right fit for how you work, think, and lead. Getting this wrong is one of the most common and costly mistakes in a career change.

Notes



READY TO BUILD YOUR PLAN?

Your next career move is one conversation away.

You've read this far because something in here resonated. You're not stuck because you lack ability, you're stuck because you haven't had the right strategy, the right structure, or the right support.

That's exactly what a free 30-minute Strategy Session is for. We'll look at where you are, where you want to go, and what's actually standing in the way. You'll leave with clarity, and a clear next step.

Are you ready to build your plan?

Book your free 30-minute Strategy Session with Ronece.

You'll leave with clarity, a clear next step, and a plan that fits your experience.

www.ronecedobrowolskiconsulting.com.au | 0431 527 807 | ronece@ronecedobrowolskiconsulting.com.au

